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IDENTIFIERS \*Adventure Therapy

### **ABSTRACT**

PUB TYPE

This reading list contains 140 books, reports, resource guides, conference proceedings, directories, and journals nertaining to adventure and outdoor education, adventure therapy, group work, developmental work, and at-risk youth. Most entries were published from 1984-94. Entries are listed in the following categories: adventure (general); outdoor and adventure safety; adventure activities and games; nature and environmental activities; urban adventure activities; expeditions; adventure therapy; processing and reviewing the adventure experience; groupwork and counseling; groupwork games; drama and role play; psychotherapy; young offenders (general); young people at risk (general); developmental work handbooks; staff training and support; experiential education; evaluation; research reports; conference reports; directories; and journals. (SV)



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# A Reading List

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### JON BARRETT

Some of the titles listed above are out of print. For availability (and more extensive reading lists) try:

National Youth Agency Information Services, 17-23 Albion Street, Leicester, LE1 6GD. Tel: (0533) 471200.

Titles marked with an asterisk \* are available from:

Adventure Education, 12 St Andrews Churchyard, Penrith, Cumbria, CA11 7YE. Tel: (0768) 891065

### 1/ Adventure

# General:

Adventure Education - Priest and Miles. Venture Publishing 1991\*

Personal Growth Through Adventure - Hopkins and Putnam. David Fulton Publishing 1993\*

The Adventure Alternative - Mortlock. Cicerone Press 1984\*

Outdoor Adventure Pursuits - Foundations, Models and Theories - Ewart. Publishing Horizons 1984\*

# Safety:

Outdoor Education Safety and Good Practice - Guidelines for Guidelines. The Duke of Edinburgh's Award 1988\*

Safety in Outdoor Education - DES. **HMSO 1988\*** 

Safety in Outdoor Centres - DFE. **HMSO 1994\*** 

Safety Practices in Adventure Programming - Priest and Dixon.
Association for Experiential Education 1990\*

The Conscious Use of Metaphor in Outward Bound - Bacon. ERIC 1983

# **Adventure Activities and Games:**

(See also Groupwork Games; Drama and Role-Play)

More Than Activities - Greenaway.
Save the Children Fund/Endeavour Scotland 1990\*

Canoe Games - Ruse. Black 1986\*

Working Out of Doors with Young People - Smith. ITRC 1987\*

Cowtails and Cobras II - A Guide to Games, Initiatives, Ropes Courses and Adventure Curriculum - Rohnke. Project Adventure Inc 1989\*

Silver Bullets - A Guide to Initiative Problems, Adventure Games and Trust Activities - Rohnke. Project Adventure Inc 1984\*

The Bottomless Bag Again?! (2nd Edition) - Rohnke.
Project Adventure Inc 1994\*

The Pictorial Guide to Groupwork Activities - Sanders.
Sanders 1991\*

Wide Games, Incident Hikes and Indoor Alternatives - Saint.
Printforce

# **Environmental Activities:**

Sharing Nature with Children - Cornell. Exley Publications 1980

Sharing the Joy of Nature - Cornell.

Dawn Publications 1989

Nature with Children of all Ages - Sisson. Prentice-Hall 1987

Acclimitization - Van Matre.
American Camping Association 1972

Earth Education: A New Beginning - Van Matre. Institute for Earth Education 1990

Earthworks. CEE Youth Unit 1991\*





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## **Urban Activities:**

- City Adventures Ruse.
  Paul Chapman Publishing 1989\*
- The Outdoor Challenge Within Wales.
  Outdoor Activities Association, Sunderland 1981

# **Expeditions:**

- The Expedition Experience As a Vehicle for Change in the Inner-Cities Kennedy. Adventure Education 1992\*
- Expedition Guide Official Handbook of the Basic Expedition Training Award Keay. The Duke of Edinburgh's Award 1987\*
- Expedition Planners' Handbook and Directory Winser and Winser. Expedition Advisory Centre, RGS 1988\*

# **Adventure Therapy:**

- Islands of Healing A Guide to Adventure Based Counselling Schoel, Prouty and Radcliffe. Project Adventure Inc 1988\*
- Adventure Therapy Therapeutic Applications of Adventure Programming Gass. Kendall Hunt Publishing 1993\*
- Behaviour Modification in Therapeutic Recreation Dattilo and Murphy. Venture Publishing 1987
- The Theory and Practice of Challenge Education Smith, Roland, Havens and Hoyt. Kendall Hunt 1992
- Creati. , Humane Climates Out of Doors Knapp. ERIC 1988
- Therapeutic Applications of Adventure Programming Sakofs.
  Association for Experiential Education 1992
- Annotated Bibliography of Adventure Therapy and Related Programmes 1980-1992 Gillis. Association for Experiential Education 1992

# **Processing/Reviewing:**

- Playback A Guide To Reviewing Activities *Greenaway*.

  The Duke of Edinburgh's Award/Endeavour Scotland 1993\*
- Creative Reviewing Hunt and Hitchen. Groundwork 1986
- Processing the Adventure Experience Theory and Practice Nadler and Luckner. Kendall Hunt 1992

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# 2/ Groupwork and Counselling

### General:

- Basic Groupwork Douglas. Tavistock 1978
- Groupwork Practice *Douglas*.

  Tavistock/Routledge 1976, 1989, 1991
- Joining Together Group Theory and Group Skills Johnson and Johnson. Allyn and Bacon 1975, 1982, 1987, 1991
- Working with Groups (2nd Edition) *Klein*. Hutchinson 1963, 1970
- The Red Book Of Groups and How To Lead Them Better Houston.
  Rochester Foundation 1984
- Developmental Group Work with Adolescents Button. University of London Press 1974
- The Groupwork Pack: A Groupwork Approach to Problem-Solving Kemp. Longman 1990
- Groupwork and IT Ball and Sowa. APEX 1985
- Group Counselling with Juvenile Delinquents Ferrara. Sage 1992
- Counselling Young People *Noonan*. Tavistock/Routledge 1989, 1991
- A Practical Approach to Counselling Hough.
  Pitman Publishing 1994
- On Becoming a Counsellor: A Basic Guide for Non-Professional Counsellors Kennedy. Gill and MacMillan 1977
- Brief Counselling Dryden and Feltham. Oxford University Press 1979, 1986
- Counselling: The Skills of Problem-Solving Munro, Manthei and Small.
  Routledge 1989
- Personal Construct Counselling In Action Fransella and Dalton. Sage 1990



**Groupwork Games:** 

(See also Adventure Activities and Games; Drama and Role-Play)

- Gamesters Handbook Brandes and Phillips. Hutchinson 1978\*
- Gamesters Handbook II Brandes. Hutchinson 1982\*
- The Youth Games Book Dearling and Armstrong.
  Russell House Publishing 1994\*
- The Co-operative Sports and Games Book Challenge Without Competition Orlick. Writers and Publishers Co-operative Ltd 1978\*
- Creative Games in Groupwork Dynes. Winslow Press 1990\*
- The New Games Book Fluegelman. Doubleday/Dolphin 1974\*
- More New Games Fluegelman. Doubleday/Dolphin 1981
- Playfair: Everybody's Guide to Non-Competitive Play Weinstein and Goodman. Impact 1980

# Drama and Role-Play:

- Creative Drama in Groupwork Jennings. Winslow Press 1986\*
- Introducing Role-Play Hunt. Groundwork 1989\*
- Role-Play A Practical Guide Milroy. Aberdeen University Press\*
- Role-Playing: A Practical Manual for Group Facilitators Shaw. University Associates, Notts 1980
- Look, Listen and Trust Rawlins and Rich.
  Thomas Nelson and Sons
- Ideas That Work in Drama *Theodorou*. Stanley Thomas
- Theatre Games for Young Performers Novelly.

  Meriwether
- Dramatherapy Jennings.
  Croom Helm

# **Psychotherapy:**

- What Is Psychotherapy? Bloch.
  Oxford University Press 1982
- An Introduction to the Psychotherapies Bloch.
  Oxford University Press 1986
- Theory and Practice of Counselling and Psychotherapy *Corey*. Brookes/Cole 1982
- Individual Therapy in Britain Dryden and Windy. Harper and Row 1984
- On Becoming A Person A Therapist's View of Psychotherapy Rogers. 1961, Constable 1967

# 3/ Working With Young People In Trouble And Difficulty

# Young Offenders - General:

- Persistent Young Offenders Hagell and Newburn.
  Policy Studies Institute 1994
- Growing Out of Crime Rutherford. Penguin 1986
- Living Dangerously *Graef*. Harper Collins 1992
- Psychology in Prisons Cooke, Baldwin and Howison. Routledge 1990
- Out of Care The Community Support of Juvenile Offenders Thorpe, Smith, Green and Paley. George Allen and Unwin 1980
- The Young Offender West. Penguin 1967, 1974

# Young People At Risk - General:

- Young People Under Pressure Skinner. National Youth Agency 1988
- The Invisible Children: Children 'On The Game' ifn America, West Germany and Great Britain Sereny. Pan 1986
- Bullies and Victims in Schools Besag. Open University Press 1989



- Girl Delinquents Campbell.
  Basil Blackwell 1981
- Children Under Stress Wolff. Penguin 1976
- Adolescent Disturbance and Breakdown Laufer. Penguin in a ssociation with MIND 1975

**Developmental Work Handbooks:** 

- (See also Adventure Activities and Games; Groupwork Games; Drama and Role-Play)
- Working With Young People in Trouble A Practical Manual Pickles. Scottish ITRC 1987
- Offending Behaviour Skills and Strategems for Going Straight McGuire and Priestley.
  Batsford 1985
- Social Skills and Personal Problem-Solving A Handbook of Methods Priestley, McGuire, Flegg, Helmsley, Welham. Tavistock 1978
- Working With Young Offenders Pitts.

  MacMillan 1990
- Intensive IT With Juvenile Offenders A Handbook on Assessment and Groupwork Practice (Offending Curriculum) Denham. University of Lancaster 1982
- Worth the Risk!? Ball, Eastwood, Davill and Holt. Save the Children Fund 1987
- Face to Face A Practitioner's Manual on Personal Development Work with Young People in Northern Ireland Duke, Kearney, Keenan, Nellis. Save the Children Fund 1991
- Targets For Change Issue Focused One-To-One Work With Offenders Marshall and Weaver. Nottinghamshire Probation Service 1991
- Reasoning and Rehabilitation A Handbook For Teaching Cognitive Skills Ross, Fabiano and Ross. Ottowa University 1986, 1989
- Fireworks Creative Approaches to Conflict Fine and Macbeth. Youth Work Press 1992
- Drug Education For Young Offenders. Tacade 1994
- Work With Boys Lloyd. Youth Work Press
- Greater Expectations A Sour Book for Working with Girls and Young Women Slavin. Learning Development Aids
- Lifting the Limits A Handbook for Women Working with Young Women At Risk or In Trouble Mountain. Youth Work Press

- Its No Game: Responding to the Needs of Young Women At Risk or Involved In Prostitution Green. Youth Work Press
- Carrying the Can: Working with Girls and Young Women on Alcohol Issues. Tacade 1994

# 4/ Staff Training and Support

- Personal and Professional Development for Group Leaders Cherry and Robertson (with Meadows). Scottish Health Education Group 1990
- Face to Face A Practitioners Manual on Personal Development Work with Young People in Northern Ireland Duke, Kearney, Keenan and Nellis. Save the Children Fund 1991
- Groupwork Skills A Training Manual Fewell and Wolfe. Health Education Board for Scotland 1991
- Counselling Skills A Training Manual Wolfe. Health Education Board for Scotland 1989
- Personal Problem Solving A Training Manual Robinson and Robson. Health Education Board for Scotland 1991
- Playing with Fire Training for the Creative Use of Conflict Fine and Macbeth. Youth Work Press 1992
- On Becoming A Counsellor; A Basic Guide For Non-Professional Counsellors Kennedy. Gill and MacMillan 1977.

# 5/ Experiential Education

- The Theory of Experiential Education Kraft and Sakofs.
  Association for Experiential Education\*
- Experiential Learning Kolb.
  Prentice Hall 1984
- Ethical issues in Experiential Education Hunt.
  Association for Experiential Education 1986\*
- Development Training: Progress and Prospects Everard. DTAG 1993

# 6/ Evaluation

Working Effectively - A Guide to Evaluation Techniques - Feek. Bedford Square Press (NCVO) 1987.



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Measuring Change, Making Changes - An Approach to Evaluation - Graessle and Kingsley. London Community Health Resource 1986

Evaluation (2nd Edition) - Lishman. Jessica Kingsley Publishers 1988

Handbook of Training Evaluation and Measurement Techniques. Kogan Page

Recording and Reporting - Rogers. Youth Clubs UK 1982

# 7/ Research Reports

In Search Of Adventure - Hunt. Talbot Adair Press 1989\*

Report on a Survey of Outdoor Activity Provision for Young People in Trouble or At Risk - Barrett. Basecamp 1993\*

The Northland Wilderness Experience - A Report on an Experiential Programme for the Youth of Taitokerau - O'Brien. University of Auckland 1990

Sport as Prevention - The Role of Sport in Crime Prevention Programmes Aimed at Young People - Robins. Centre for Criminological Research, University of Oxford

Sport and Anti-Social Behaviour - Coalter.
The Scottish Sports Council

Adventure Experiences for Young People from Urban Areas: A Report by HMI - HM Inspectorate. DES 1991

Report by HM Inspectors on the Fairbridge Drake Society - HM Inspectorate. DES 1989

Time to Think - A Cognitive Model of Delinquency Prevention and Offender Rehabilitation - Ross and Fabiano. Institute of Social Sciences and Arts Inc, USA 1985

# 8/ Conference Reports

Challenge Opportunities for Inner City Youth - CCY/NAOE Conference.

Adventure Education 1992\*

Community-Based Sentencing - The Use of Outdoor Challenge. Sports Council (NW Region) 1987

Proceedings of the First National Symposium on Outdoor Programm, for Offenders Adult Corrective Services, Australian Capital Territory - Cianc. 1991

What Works: Effective Methods to Reduce Re-Offending - Conference Proceedings. Greater Manchester and Hereford & Worcester Probation Services 1991

# 9/ Directories

Directory of Outdoor Activity Provision for Young People In Trouble or At Risk - Barrett. Adventure Education 1993\*

Directory of Experiential Therapy and Adventure-Based Counselling Programmes - Gerstein. Association for Experiential Education 1993

The NYA Guide to Residential Centres. Youth Work Press 1992

The Outdoor Source Book 1993/94.
Adventure Education 1993\*

Directory of Trainers and Consultants in the Personal Social Services - Dearling.

Longmans 1991

# 10/ Journals

Adventure Education and Outdoor Leadership - quarterly.

Adventure Education, 12 St Andrews Churchyard, Penrith, Cumbria, CA11 7YE

Young People Now - monthly. 17-23 Albion Street, Leicester, LE1 6GD

Scottish Child - six issues a year. 130 St Stephen Street, Edinburgh, EH3 5AD

Youth & Policy - quarterly.

10 Lady Beatrice Terrace, New Herrington, Houghton-le-Spring,
Tyne and Wear, DH4 4NE

Journal of Experiential Education - quarterly. AEE, 2885 Aurora Avenue #28, Boulder, Colorado 80303-2252, USA



